

Proposal 2016-3

Proposed change to rule 16 of Diving Competition Regulation
Proposed by Piedmont 4-21-2016

16. Coaches and Assistants: Each team is responsible for attaining their coaching staff to meet team and pool requirements. Each individual participating as a part of the coaching team must successfully complete the "Centers for Disease Control and Prevention (CDC) Concussion Training" (a link is available on the RCSL homepage). Each team will maintain a current list of their coaching staff and a copy of the training completion certificate. Coaching Staff is defined as anyone named to assist the team's identified head coach in showing swimmers or divers (in a team setting, not private lessons) how to properly execute the start, stroke, turn, or finish of a competitive stroke or dive execution during the current RCSL season. The RCSL Board may request this list at any time during the season.

Lifeguards: Beyond possession of current and accepted lifesaving credentials, lifeguards working RCSL events must provide a certificate for successful completion of the "CDC's Concussion Training" (a link is available on the RCSL homepage). The RCSL Board may request a copy of the certificate at any time during the current season.