

BLOCK PRACTICE LANE AND TEAM TIME

This is the block practice schedule for 2021 City Meet. It is based on your preferred times you requested and have only two teams in each session. See the HAC Deck and Lane Layout attached. North Pool has 8 lanes, South Pool has 8 lanes (labeled 1,2,3,4,5,6,7,8)

Each session gives you the same lane numbers in the North-Window side and South-Flag side of the pool. The number of lanes you have for block practice are based on team sizes for City.

When your session begins, you will have 55 minutes for swimming. I suggest you come prepared to divide your younger and older swimmers and get the older swimmers in your NORTH (non-flag) SIDE lane(s) as this will be the "flip turn on the bulkhead" side they will be swimming on. Your younger kids 8&U will have all events on the SOUTH (flag) SIDE of the pool.

Prior to block practice, each coach should check-in at the Meet Director's table. Coaches will receive a packet containing the coaches' heat sheets and lane warm up assignments and deck passes.

Thursday Block Practice

T1	9-9:55	JVRA PIED	NORTH Lanes 1-5 & SOUTH Lanes 1-5 (10 lanes) NORTH Lanes 6-8 & SOUTH Lanes 6-8 (6 lanes)
T2	10-10:55	CAML GREN	NORTH Lanes 1-4 & SOUTH Lanes 1-4 (8 lanes) NORTH Lanes 5-8 & SOUTH Lanes 5-8 (8 lanes)
T3	11-11:55	LILY	NORTH Lanes 1-5 & SOUTH Lanes 1-5 (10 lanes) NORTH Lanes 6-8 & SOUTH Lanes 6-8 (6 lanes)
T4	12-12:55	SHER WHBG	NORTH Lanes 1-4 & SOUTH Lanes 1-4 (8 lanes) NORTH Lanes 5-8 & SOUTH Lanes 5-8 (8 lanes)
T5	1-1:55	MNSO	NORTH Lanes 1-5 & SOUTH Lanes 1-5 (10 lanes) NORTH Lanes 6-8 & SOUTH Lanes 6-8 (8 lanes)

Friday Block Practice

F1	9-9:55	BLOS VHCC	NORTH Lanes 1-6 & SOUTH Lanes 1-6 (12 lanes) NORTH Lanes 7-8 & SOUTH Lanes 7-8 (4 lanes)
F2	10-10:55	HAMC MTSP	NORTH Lanes 1-4 & SOUTH Lanes 1-4 (8 lanes) NORTH Lanes 5-8 & SOUTH Lanes 5-8 (8 lanes)
F3	11-11:55	CHAP SJST	NORTH Lanes 1-2 & SOUTH Lanes 1-2 (4 lanes) NORTH Lanes 3-8 & SOUTH Lanes 3-8 (12 lanes)
F4	12-12:55	BYRD MCST	NORTH Lanes 1-4 & SOUTH Lanes 1-4 (8 lanes) NORTH Lanes 5-8 & SOUTH Lanes 5-8 (8 lanes)