

Declaration of Intent to Participate in Rocket City Swim League (RCSL)

By signing this document, our club intends to meet requirements established in the RCSL Rules of Competition (ROC), of which the latest version was signed in 2015 and may be found by cutting and pasting this address into your browser: <http://swimrcsl.org/forms.php>

In summary, a viable RCSL swim team must have a pool within which to practice and host home meets. Practice and home meets do not necessarily have to be conducted in the same facility but practices must be held in a safe venue and meets must be held in pools that provide lane lines, back stroke flags, loud speakers, lights, life guards, etc. Teams must be willing to host two or three home meets (as determined by the RCSL ROC's rubric). These meets may be negotiated to be at other pool venues but, by signing this declaration, the ROC-identified "Home Team" is responsible for conducting the entire meet, as specified in the ROC. The attached document will help you prepare your team families for the rigors of hosting meets.

In addition to the above, specific RCSL conditions confirming intent to participate:

- 1) Teams must have a coaching staff to manage practices, allot swimmers to meet events, and be present during meets to manage team participation.
- 2) Teams must also have commercially-obtained insurance to cover swimmers, coaches, and volunteers in order to protect all from personal liability during RCSL events.
- 3) Each swimmer must sign an annual concussion waiver that the team will maintain throughout the RCSL season.

If you are authorized to commit your team to these terms and conditions, indicate your agreement by signing and dating on the line below.

POC name (printed): _____

POC signature: _____ Date: _____

Email: _____

Phone: _____

Attachment:
Unofficial Summary for Dual Meets

UNOFFICIAL SUMMARY FOR DUAL MEETS

HOME TEAM WILL PROVIDE:

- *Individual pinks & blues for all swimmers (including exhibition)
- *Computer and Printer
- *All RCSL forms
- *Heat sheets for visiting coaches, officials, and scoring table
- *Place Ribbons (each team provides their own exhibition ribbons)
- *Current USS Rule Book
- *Current RCSL Rules of Competition
- *Bullhorn/Starting gun

Scoring Table needs ribbons, pencils (sharpener is nice), pen, calculator, stapler (must have), and heat sheets.

Timers need clip boards, pencils, and watches.

Place Judges need place judge slips, clip boards, pencils and heat sheets.

Runners need individual pink/blue cards for each swimmer for each event (including exhibition swimmers)

Officials need clip boards, printed DQ slips, heat sheets, and pencils

HOME MEET WORKERS REQUIRED:

- *(1) Deck Referee (USA-S or RCSL certified). [home team provides]
- *(1) Starter (USA-S or RCSL certified). [home team provides]
- *(7) Lane Timers: At least one (1) timer on each lane plus one (1) backup/head timer [head timer provided by home team]. Put most experienced timers in lanes 3 & 4, if possible. [visitors should provide three (3)]
- *(2-4) Stroke and Turn Judges (USA-S or RCSL certified):
Two (2) required (four desired) and visiting team should provide two (2) [only two required to conduct meet but four are desired].
Starter may act as a Stroke and Turn judge between starts.
Stroke and Turn judges perform Relay Takeoff Judge duties.

- (2) Place Judges: [visiting team should provide one (1)].
“Across-the-board” method will be used (call-out lane numbers as they touch).
- (2) Scorers/scribes: [visiting team should provide one (1)].
- (1) Runner (to collect timer sheets)[home team provides]
- (1) Bullpen worker to hand out pinks/blues [visiting team should provide their own bullpen worker]
- (4) Scoring Table Workers (this includes two at the computer) [visiting team should provide two (2)]
- (4) Ribbon Workers [visiting team should provide two (2)]

Visiting officials will judge the home team lanes during dual meets.

It is important to have each of these workers. If you try to run the meet with any less than this amount, you will have problems!!!

If you cannot plan to fill all home positions, work with the visiting team’s pool rep BEFORE MEET DAY to fill vacancies. You may have to contact teams with an “off” day to see if they have anyone who would volunteer to help.