



## **RCSL Sanctioned Sherwood Swim Meet Invitational**

**Date of Meet: Saturday, June 24<sup>th</sup> 2023**

**Warm-ups: 8:00-9:00 AM**

**Meet starts: 9:15 AM**

**DIRECTOR:** Cara Sprinz, Email: [sherwoodsharkshsv@gmail.com](mailto:sherwoodsharkshsv@gmail.com)

**HEAD REFEREE:** Jose Perez

**LOCATION:** Sherwood Pool is located at 518 Forrest Park Ct NW Huntsville, AL 35806

**FACILITIES:** 6 lane, 25 meter pool, with non-turbulent lane ropes.

**ELIGIBILITY:** All age group participants must have been submitted to the RCSL as a rostered swimmer per applicable RCSL Rules of Competition rules. No entries will be accepted if not confirmed. Open participants should be sponsored from an RCSL pool. Every swimmer must have an identified sponsor during the meet (coach or parent). Swimming in this meet establishes official times for strokes and are eligible for seeding at City Meet. Swimming in the meet **DOES NOT** satisfy dual meet eligibility of 2 meets to swim at City Meet.

**RULES:** The 2023 USS rules and current RCSL Rules of Competition will govern the conduct of the meet unless noted otherwise herein.

**WARM UP:** The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up.

**ENTRY FEES:** \$3.00 per individual event and a surcharge of \$1.00 per swimmer, said surcharge being used for administration costs.

**Late entries** will be accepted at the discretion of the meet director. Late entries will be charged \$4 per individual event and \$2 surcharge per swimmer.

**ENTRIES:** A swimmer may swim five (5) events. Teams will use HYTEK's Meet/Team Manager to submit their entries. Entry file will be provided on the RCSL web portal.

- **Email Entries to** [sherwoodsharkshsv@gmail.com](mailto:sherwoodsharkshsv@gmail.com)

- **Payment Due:** Checks (payable to Sherwood Swim Club) or payments may be made to Paypal account: [sherwoodswimclub@yahoo.com](mailto:sherwoodswimclub@yahoo.com). All payments must be submitted before the start of the meet on Saturday June 25<sup>th</sup> at 8:00 AM.
- **Enter all events with the best official RCSL times. Entry times should be in hundredths (0.01). Please keep in mind you can use this meet get time results for swimmers in stokes/events they don't usually get to swim in dual competitions. Swimmers with disabilities are welcome. Please let the meet director know if accommodations need to be provided.**

**SEEDING:** See attached list of events. All events are timed finals.

**DEADLINE:** All entries must be received before **noon Thursday, June 22, 2023. No late entries will be seeded.** Entries will be accepted for a **total of 250 swimmers.** Late entries may be accepted at the discretion of the Meet Director; however, they will be accepted on a "lane available" basis and may not appear on the heat sheet.

**AWARDS:** First, Second and Third place awards for all events. High Point Male and Female for each Age Group.

**MEETING:** There will be a coaches/ reps meeting at 8:00 AM, Saturday, June 24, 2023. There will be an officials' meeting approximately 30 minutes before the start of the meet.

**SCRATCHES:** The Scratch Rules as shown in the current US Swimming Handbook will apply. The meet director reserves the right to run this meet in a 4, 5, or 6 lane format depending on the number of entries received. Entry error: If due to a Sherwood Pool error, the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded.

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** entered in the invitational are registered and entered into the meet in accordance and subject to RCSL ROC Swimming Rules and Regulation:

I also acknowledge that I am familiar with the rules of RCSL regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those

rules during this meet. The Sherwood Swim Club and Rocket City Swim League, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of Coach or Club Official:	
Club:	
Title:	Date:

**SHERWOOD INVITATIONAL MEET:**

Order of Events

SATURDAY, JUNE 24<sup>th</sup>, 2023

<b>WARM-UP 8:00 AM</b>		<b>COMPETITION 9:15 AM</b>
<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
1	Mixed Open 100 Fly	1
2	8 & U 25 Fly	3
4	9-10 50 Fly	5
6	11-12 50 Fly	7
8	13-14 50 Fly	9
10	15-17 50 Fly	11
12	Mixed Open 100 Breast	12
13	8 & U 25 Breast	14
15	9-10 50 Breast	16
17	11-12 50 Breast	18
19	13-14 50 Breast	20
21	15-17 50 Breast	22
23	Mixed Open 25 Free	23
24	Mixed Open 50 Free	24
25	Mixed Open 100 IM	25
26	Mixed Open 100 Back	26
27	8 & U 25 Back	28
29	9-10 50 Back	30
31	11-12 50 Back	32
33	13-14 50 Back	34
35	15-17 50 Back	36
37	Mixed Open 100 Free	37
38	8 & U 25 Free	39
40	9-10 50 Free	41
42	11-12 50 Free	43
44	13-14 50 Free	45
46	15-17 50 Free	47
48	Mixed Open 100 Medley Parents Relay	48
49	Mixed Open 100 Free Parents Relay	49