

WARM UP LANE ASSIGNMENTS

7/9/2024

Warm up lanes have been assigned based on the number of swimmers entered for each team. As last year, this year, your number of lanes is based on the worst case session you have for warm-ups. This should alleviate some confusion as you will now ALWAYS warm up in the same lanes regardless of warm-up session assignment. We continue to run TWO sessions (early and late) of warm ups. If you are early session on day 1, you are late session on day 2. There are 10 lanes in the SOUTH pool denoted S0-S9. There are 8 lanes in the NORTH pool denoted N1-N8. (See Lane and Deck Layout PDF on www.swimrcsl.org, Forms and Documents). Here are the warm up lane assignments.

Saturday Early/Sunday Late Teams: **BYRD, CAML, CHAP, HAMC, JVRA, MTSP, PIED, RSAL, SHER, WHBG**

Saturday Late/Sunday Early Teams: **BLOS, GREN, LILY, MNSO, MCST, SJST, VHCC**

LANE ASSIGNMENTS

| Saturday Early, Sunday Late | Sat AM (7:15-7:45) | Sat PM (11:45-12:15) | Sun AM (7:45-8:15) | Sun PM (12:15-12:45) |
|-----------------------------|-----------------------|-------------------------|-----------------------|-------------------------|
| CAML (2 lanes) | S0-S1 | S0-S1 | S0-S1 | S0-S1 |
| BYRD (1 lane) | S2 | S2 | S2 | S2 |
| CHAP (2 lane) | S3-S4 | S3-S4 | S3-S4 | S3-S4 |
| HAMC (2 lanes) | S5-S6 | S5-S6 | S5-S6 | S5-S6 |
| RSAL (1 lane) | S7 | S7 | S7 | S7 |
| JVRA (2 lanes) | S8-S9 | S8-S9 | S8-S9 | S8-S9 |
| MTSP (2 lanes) | N1-N2 | N1-N2 | N1-N2 | N1-N2 |
| PIED (2 lanes) | N3-N4 | N3-N4 | N3-N4 | N3-N4 |
| SHER (2 lanes) | N5-N6 | N5-N6 | N5-N6 | N5-N6 |
| WHBG (2 lanes) | N7-N8 | N7-N8 | N7-N8 | N7-N8 |

| Saturday Late, Sunday Early | Sat AM (7:45-8:15) | Sat PM (12:15-12:45) | Sun AM (7:15-7:45) | Sun PM (11:45-12:15) |
|-----------------------------|-----------------------|-------------------------|-----------------------|-------------------------|
| BLOS (3 lanes) | S0-S2 | S0-S2 | S0-S2 | S0-S2 |
| GREN (2 lanes) | S3-S4 | S3-S4 | S3-S4 | S3-S4 |
| LILY (2 lanes) | S5-S6 | S5-S6 | S5-S6 | S5-S6 |
| SJST (3 lanes) | S7-S9 | S7-S9 | S7-S9 | S7-S9 |
| MNSO (4 lanes) | N1-N4 | N1-N4 | N1-N4 | N1-N4 |
| MCST (2 lanes) | N5-N6 | N5-N6 | N5-N6 | N5-N6 |
| VHCC (2 lanes) | N7-N8 | N7-N8 | N7-N8 | N7-N8 |
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